



SWOYSL LC Championship Meet Records

Long Course Meters - Girls

last updated: 15-Aug-25

Event	8 & Under		9-10		11-12		13-14		15 & Older	
50 Free	Jenny Hagan 36.06 PCY	1994	Faith Rudowski 30.46 CY	2016	Lucie Morris 28.26 SPY	2016	Megan Tomes 27.64 ABLY	1999	Nora Fullenkamp 26.78 CFY	2017
100 Free	Alisabeth Marsteller 1:20.40 CY	2004	Faith Rudowski 1:08.33 CY	2016	Faith Rudowski 1:00.19 CY	2018	Megan Tomes 58.69 ABLY	2000	Megan Glass 57.95 BASH	2019
200 Free			Molly Arneson 2:31.11 CY	2013	Faith Rudowski 2:12.79 CY	2018	Molly Hazelbaker 2:08.56 ABLY	2007	Megan Glass 2:06.06 BASH	2018
400 Free					Molly Arneson 4:46.49 CY	2015	Molly Hazelbaker 4:32.06 ABLY	2007	Grace Hastings 4:22.55 ABLY	2019
800 Free					Ava Sutphin 10:04.46 ABLY	2017	Isabelle Gomez 9:08.77 LAKY	2019	Isabelle Gomez 9:03.80 LAKY	2021
1500 Free					Ava Sutphin 18:59.36 ABLY	2017	Shaylynn Spelman 17:58.04 ABLY	2009	Casey Ridge 17:23.45 ABLY	2007
50 Back	Ashley Fryer 42.87 CY	2013	Emily Kiefer 36.67 MCY	2005	Hannah Whiteley 32.38 CFY	2010	Maya Schweikert 30.10 CY	2022	Emma Shuppert 29.58 BASH	2019
100 Back			Ellie Perry 1:19.52 CY	2019	Faith Rudowski 1:08.08 CY	2018	Maya Schweikert 1:03.68 CY	2022	Emma Shuppert 1:03.01 BASH	2019
200 Back					Emma Tenhundfeld 2:31.22 KEY	2019	Maya Schweikert 2:16.49 CY	2022	Maya Schweikert 2:17.29 CY	2023
50 Breast	Eileen Shinsato 46.97 CCY	2000	Molly Arneson 40.01 CY	2013	Kendra Crew 36.59 SPY	2007	Bridget Engel 33.93 SPY	2016	Audrey West 33.61 ABLY	2022
100 Breast			Alyssa Uhlman 1:34.86 BASH	2018	Kendra Crew 1:19.76 SPY	2007	Kendra Crew 1:15.76 SPY	2008	Kate Overbey 1:14.39 ABLY	2017
200 Breast					Audrey Mooney 2:55.50 ABLY	2011	Kendra Crew 2:45.15 SPY	2009	Stephanie Conklin 2:38.64 BASH	2010
50 Fly	Tina Silbersack 39.97 ABLY	1982	Kristin Raab 33.58 CY	1997	Lucie Morris 30.58 SPY	2016	Peyton Farrell 29.54 CFY	2015	Megan Glass 27.97 BASH	2018
100 Fly			Maya Schweikert 1:17.46 CY	2018	Faith Rudowski 1:08.36 CY	2018	Maya Schweikert 1:04.10 CY	2021	Megan Glass 1:01.67 BASH	2019
200 Fly					Faith Rudowski 2:41.41 CY	2018	Shannon Jelley 2:20.95 CY	2015	Megan Glass 2:18.23 BASH	2018
200 IM			Maya Schweikert 2:53.38 CY	2018	Lauren Clippard 2:35.14 PCY	2017	Katie Fisher 2:27.69 CY	2019	Megan Glass 2:22.84 BASH	2018
400 IM					Tiffany Turner 5:42.50 ABLY	1997	Isabelle Gomez 5:12.47 LAKY	2019	Hannah Cech 5:06.39 LAKY	2018



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200 Free Relay	J Rossi, C Frazier, L Yuan, A Marsteller 2:37.54 CY	2004	M Rybas, K Riancho, A Crumley, A Reighley 2:17.54 HHY	2024	M Schweikert, M Luckett, M Ferrell, K Fisher 1:59.01 CY	2017	K Fisher, M Schweikert, M Luckett, F Rudowski 1:53.00 CY	2019	A Stover, M Nuess, N Rohr, B Rohr 1:51.36 KEY	2009
400 Free Relay							J Shafer, E Ketcham, Z Wagner, M Schweikert 4:17.50 CY	2021	M Moellering, M Hart, G Workman, G Hastings 4:02.29 ABLY	2019
800 Free Relay							A Beck, Lauren Shanley, A Miller, A Smith 9:00.94 ABLY	2003	M Moellering, G Workman, M Hart, G Hastings 8:45.39 ABLY	2018
200 Medley Relay	J Rossi, C Frazier, L Yuan, A Marsteller 2:59.74 CY	2004	A Fryer, M Arneson, L Luckett, K Benbow 2:34.54 CY	2013	M Schweikert, M Luckett, K Fisher, F Rudowski 2:14.22 CY	2017	E Shuppert, L DeBow, S Smith, E Fortman 2:05.78 BASH	2015	M Hazelbaker, G Pettinichi, M Contino, K Arlinghaus 2:03.78 ABLY	2012
400 Medley Relay							M Schweikert, Z Wagner, J Shafer, E Ketcham 4:48.11 CY	2021	M Clough, C Rice, S Jelley, L Luckett 4:33.28 CY	2018
200 Mixed Medley Relay					H Anderson, D Broek, B Cushman, E Brown 2:27.52 LAKY	2024			E Shuppert, E Menchhofer, M Glass, S Risma 1:54.04 BASH	2018

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New 2025



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50 Free	Margo Geer 35.17 SPY	2000	Kelly Jones 30.06 KEY	1993	Kelly Jones 27.79 KEY	1995	Megan Tomes/Margo Geer 27.11 ABLY/SPY	1999 2006	Margo Geer 25.88 SPY	2009
100 Free	Margo Geer 1:18.16 SPY	2000	Margo Geer 1:07.43 SPY	2002	Faith Rudowski 59.47 CY	2018	Megan Tomes 58.69 ABLY	2000	Margo Geer 55.68 SPY	2009
200 Free	Margo Geer 2:48.10 SPY	2000	Margo Geer 2:28.77 SPY	2002	Faith Rudowski 2:09.55 CY	2018	Talor Bendel 2:07.01 ABLY	1991	Megan Glass 2:02.55 BASH	2018
400 Free	Mary Margaret Fry 7:25.80 BASH	2007	Morgan Glaser 5:34.17 ABLY	2024	Molly Arneson 4:46.49 CY	2015	Ava Sutphin 4:26.52 ABLY	2019	Margy Keefe 4:15.31 ABLY	2003
800 Free					Ava Sutphin 10:04.46 ABLY	2017	Kaitlyn Ferrara 9:06.71 ABLY	2009	Margy Keefe 8:45.27 ABLY	2003
1500 Free					Ava Sutphin 18:59.39 ABLY	2017	Ava Sutphin 17:24.10 ABLY	2019	Margy Keefe 16:48.81 ABLY	2003
50 Back	Emma Tenhundfeld 40.94 KEY	2016	Maya Schweikert 35.14 CY	2018	Faith Rudowski 32.28 CY	2018	Maya Schweikert 30.10 CY	2022	Emma Shuppert 29.23 BASH	2019
100 Back	Margo Geer 1:28.57 SPY	2000	Olivia Douglas 1:18.39 ABLY	1991	Faith Rudowski 1:07.60 CY	2018	Maya Schweikert 1:03.68 CY	2022	Emma Shuppert 1:02.67 BASH	2019
200 Back	Taylor Kaeff 4:42.23 HHY	2018	Audrina Sutphin 3:03.04 ABLY	2019	Emily Slabe 2:27.84 CFY	2009	Maya Schweikert 2:16.49 CY	2022	Emily Slabe 2:15.74 CY	2014
50 Breast	Eileen Shinsato 46.97 CCYC	2000	Kelly Jones 37.70 KEY	1993	Kelly Jones 34.55 KEY	1995	Kelly Jones 33.48 KEY	1997	Corine Rieskamp 33.36 PCY	2024
100 Breast	Margo Geer 1:43.88 SPY	2000	Kelly Jones 1:24.57 KEY	1993	Kelly Jones 1:15.04 KEY	1995	Kelly Jones 1:12.32 KEY	1996	Kelly Jones 1:10.53 KEY	1999
200 Breast	Molly Arneson 3:50.68 CFY	2011	Molly Arneson 3:16.07 CY	2013	Sofia Matern 2:48.43 ABLY	2018	Kelly Jones 2:36.84 KEY	1997	Kelly Jones 2:32.26 KEY	1999
50 Fly	Margo Geer 39.59 SPY	2000	Kristin Raab 33.58 CY	1997	Tina Silbersack 30.12 ABLY	1986	Delaney Maines 29.41 CY	2025	Megan Sichterman 27.40 CY	2016
100 Fly	Morgan Glaser 1:40.65 ABLY	2022	Maya Schweikert 1:17.46 CY	2018	Tina Silbersack 1:07.00 ABLY	1986	Talor Bendel 1:02.80 ABLY	1990	Megan Sichterman 1:00.23 CY	2016
200 Fly			Delaney Maines 3:15.94 CY	2022	Jill Ursini 2:31.95 BASH	1995	Talor Bendel 2:15.76 ABLY	1990	Talor Bendel 2:15.18 ABLY	1993
200 IM	Margo Geer 3:11.01 SPY	2000	Margo Geer 2:47.97 SPY	2002	Tina Silbersack 2:33.28 ABLY	1986	Emma Tenhundfeld 2:25.56 KEY	2021	Alisabeth Marsteller 2:19.04 CY	2014
400 IM			Gracie Johnston 6:46.71 CY	2025	Barbara Mulshine 5:32.20 CY	1992	Abby Galbreath 5:04.87 KEY	2006	Hannah Cech 4:56.66 LAKY	2019



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200 Free Relay	Rossi, Frazier, Yuan, Marsteller 2:37.54 CY	2004	Tepe, Koch, Broxterman, Kuziel 2:15.23 GNY	1993	Clukey, Swafford, Tomes, Turner 2:00.19 ABLY	1997	Moellering, Aguiar, Hastings, Hart 1:53.90 ABLY	2015	Schroeder, Spetz, Rieskamp, Hardy 1:46.76 PCY	2025
400 Free Relay			Kamp, Cash, Diersing, Hagen 4:51.34 PCY	1998	Edelberg, Marggrander, King, Anderson 4:26.38 BASH	1977	Miller, Shanley, Smith Beck 4:10.73 ABLY	2003	Sichterman, Slabe, Clough, Marsteller 3:53.82 CY	2014
800 Free Relay							Moellering, Hart, Hastings, Workman 8:57.49 ABLY	2015	Sichterman, Slabe, Clough, Marsteller 8:26.97 CY	2014
200 Medley Relay	Rossi, Frazier, Yuan, Marsteller 2:59.74 CY	2004	Tepe, Broxterman, Carter, Kuziel 2:32.40 GNY	1993	Swafford, Turner, Clukey, Tomes 2:13.10 ABLY	1997	Shuppert, DeBow, Smith, Fortman 2:04.84 BASH	2015	Kahmann, Marsteller, Slabe, Sichterman 1:57.76 CY	2014
400 Medley Relay			Johnston, Speed, Maines, Gates 6:10.90 CY	2022	Marggrander, Smithhisler, Anderson, Edelberg 4:59.02 BASH	1977	Dunseath, Overbay, Hart, Moellering 4:38.10 ABLY	2015	Shuppert, Zhao, Glass, Fortman 4:18.70 BASH	2019
200 Mixed Free Relay	Erickson, Guibord, Stover, Cukovecki 2:59.25 CY	2018	Johnston, Herbst, Maines, Van Schoyck 2:28.42 CY	2022	Van Schoyck, Harnar, Hyde, Riley 2:07.04 CY	2023	Moore, Luebbe, Kopteva, Gee 1:56.30 CY	2023	Prugh, Luckett, Arneson, Young 1:55.29 CY	2018
400 Mixed Free Relay			Lesch, Tangirala, Hyde, Jansen 5:46.17 CY	2023	Van Schoyck, Hyde, Riley, Harnar 4:50.24 CY	2023	Moore, Kopteva, Luebbe, Gee 4:19.47 CY	2023	Glennon, Leamer, Fisher, Rudowski 3:49.07 CY	2021
200 Mixed Medley Relay	Brown, Speed, Gee, Badia 3:47.41 CY	2022	Johnston, Herbst, Maines, Van Schoyck 2:49.64 CY	2022	Anderson, Broek, Cushman, Brown 2:27.52 LAKY	2024	Luebbe, Rogers, Gee, Kopteva 2:11.83 CY	2023	Shuppert, Menchhofer, Glass, Risma 1:54.04 BASH	2018
400 Mixed Medley Relay			Jansen, Lesch, Hyde, Tangirala 6:55.94 CY	2023	Stover, Fink, Gee, Cukovecki 5:05.28 CY	2022	Gertz, Woeste, Schweikert, Wagner 4:51.86 CY	2022	Woeste, Kaleta, Fisher, Rudowski 4:16.31 CY	2021

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