#### Southwest Ohio YMCA Swim League - Fall League Meeting 2017

Tuesday, 9/26/2017 at 7:00 PM

Hilton Garden Inn Dayton South, 12000 Innovation Way, Miamisburg, OH 45342

#### **MINUTES**

#### I. Welcome & Introductions

Mike Leonard

Mike welcomed everyone and congratulated for a great LC season. This is now an annual meeting. Everyone present introduced himself/herself.

Procedure reminder: Each team has 2 votes, lay vote and paid staff vote.

# II. Review Minutes from 2016 Fall League Meeting

**Miriam Hollan** 

Motion to accept from Bill W. Eric W seconded. All in favor? Yes. No Opposed. Motion carries.

#### III. Committee Reports

Treasurer

#### **Pam Fulton**

All teams have their own handouts to make sure everyone receives the Treasurer's information. One form to be submitted per YMCA for reimbursement. This will help the Treasurer to manage/track on a per team basis.

League is paying for team registration and your receipt is to be submitted to Pam. The branch contact form is required per team. Please email it to her.

Dolphin watch repairs are also reimbursed. Meet Manager 7 upgrade is reimbursed if submitted.

2016 financials presented to each team. We do have a high balance left over of \$99,000 which a lot of it is used to fund Championships meets. We hold a high balance to carry the league meets for a time period of one year.

Bill W motioned for each team not to pay \$25 to league. Eric T seconded. Mike explained since the league started, there's a requirement for each to pay \$25 to league. Since our league is financially healthy, we've waived it each year. All agree? Yes. No opposed. Motion passed.

• Officials Jon Saxton

- Officials clinics
- Rule books

Jon's role is to foster development, recruit, train, recruit. Did I say recruit?

Central Zone has best practices:

1) Each Y will have a minimum of 2 YMCA officials when hosting a meet + 1 Administrative Official (AO) by 2020.

- 2) Every league within Zone has 1 AO per 2 teams. The AO is responsible for timing system, verifying time, reconciliation of times, results, etc. necessary for Y Champs and USA sanctioned meets. Make sure times are properly recorded. AO doesn't need Level I; they just need AO training.
- 3) Every team has designated meet official who's the point of contact for Jon S.
- 4) Every league has a least 2 YMCA trainers.
- 5) Level I is stroke and turn. Level II is deck ref. League provides training for all officials. The largest clinic is on 10/11 (see league website). There are other trainings being offered as well, SPY and possibly one in the south.

# Two rule changes:

- 1) Lochte rule: 4<sup>th</sup> stroke on IM or medley relay when leaving the wall, toes can leave the wall on back. But, as soon as the swimmer starts a stroke or starts kicking, he/she must be vertical toward their breast. Definition of breast is past vertical toward breast.
- 2) 2<sup>nd</sup>-4<sup>th</sup> relay swimmers and wedges: At least one foot must be on the wedge/fin with one toe on the wedge. A toe from each foot must be touching the block as well. When leaving the block or when they initiate the relay take off, when the swimmer pushes off the block, a toe from each foot must be touching the flat part of the block, i.e. the wedge/fin is not considered a part of the block (similar to the backstroke wedge). This is only for relay take offs.)

Meredith asked Jon S if he needs contact information from teams for officials.

# • Records, Web, League Registration

#### John Janszen

Per John J, at least head coach and at least 1 official must be registered on our league website. No fee to register. If you have old officials and old coaches registered, please send John J an email asking to remove them from the email lists. Assistant coaches can also be registered.

Records: Send email form to John J that's online if there's a record set. John makes sure he updates and double checks with Championships and USA Champs meets.

### National Swimming and Diving Sports Coordinator Meredith Griffin

New coaches and aquatics directors: Let Meredith, Bill W or Jon S know if there's a change in these positions at your Y. There are 13 regional reps around the country that are your resources. Bill W is your main contact. Event time a coach and team registers, Bill and Meredith receive notification. Deadline to register in 12/1. Please do so as early as possible to avoid the last minute "rush."

YMCA coaches credentials are now available on your mobile device on your ONDECK app. It's a free app.

Y Short Course Nationals: All is set.

LC and Masters Nationals: Being finalized now.

For Nationals, meet directors are asking for YMCA appropriate themes. If you have an idea to submit, send it to Meredith and Bill.

No funding this year for leadership camp for high school Juniors and Seniors. Anticipate funding to be available again in 2018. Goal all along was to take this idea/camp to each region which Toby will present this later on our agenda this evening. One female and one male swimmer each year is nominated – applications due 10/25. High School Juniors and Seniors: at least 2 Y Nats meets and at least Y Short Course

and Y LC Nats in 2018 participants can be nominated. Participate in opportunity to take on a leadership role. Information is on the Y National website under Athletes tab/menu.

CEO-COO partners: One rep from each region who is an advocate for YMCA Swimming. SWOYSL needs to fill this position. Do you know someone who would be interested to work with CEOs/COOs on a National level that's an advocate for us? Contact Meredith and/or Bill.

Teams that are USA Swimming: New membership is "flex membership," meaning athletes compete in no more than 2 USA sanctioned meets per year. It's meant to be an introduction to USA Swimming. Coming from the Ohio LSC.

### • Zone Regional Representative

### **Bill Whatley**

Registration: Bill W handed out blue sheets. Each year, every coach and every team must register. Due date is 12/1. \$50 per team via credit card only. Reimbursement available if submitted to Treasurer no later than 10/15. Include in-depth details for who receives reimbursement, for what/why, where send reimbursement, etc. Email request to headcoach@swimmcy.com

#### Coaches:

- 1) YMCA principles for swim coaches posted online
- 2) CPR renews every year posted online
- 3) First aid posted online
- 4) Must include Red Cross Safety Training for Swim Coaches even if you have lifeguarding. Every two years water skills test and online test. Posted online.

Technically, if something happens, you are responsible. If one item expires on your deck pass, then your eligibility is completely expired.

Zone 2018 in Geneva, OH.

2019 at Ohio State Univ.

2020 bids are currently out.

2021 bids are needed back in May 2018.

#### • Time Standards

#### **Eric Wentzel**

Few adjustments to 2017-2018 standards. Refer to time standards handed out by Eric.

- 1) 15+ Girls 50 Free, 100 Free, 200 back, 100 fly
- 2) 15+ Boys 100 fly
- 3) 13-14 Free, 100 back, etc.
- 4) 8 & under time was made .10 slower
- 5) 9-10 longer events: 200 IM and 100 strokes plus 8 & under 50s are listed Qualifying times are standards. Eric used Zone qualifying times as well as 11-12 AA times to figure out how to approach and build times. *Bill W motioned to accept. John J seconded. All in favor? Yes. No opposed. Motion carries.*

### IV. Championships

Jon Saxton

- A Champs & Planning
  - o Review 2017 meet

Feedback received was that all A Champs ran well at the three site locations.

400 Free Relay, 400 Medley, 200 Free Relay, 200 Medley Relay: Age Group vs.
 Senior events

Approval requested from league regarding relays as listed above. Exec. Committee discussed and required approvals. 400s are age group and 200s are senior events. At A Champs, we don't run Senior relays. 400 Medley and 200 Free and 200 Medley are Age Group at As. No 400 free and 400 medley at As.

Tom asked about Senior vs. Open: Mike said there isn't an open event in YMCA. There is no 800 relay, no 400 relays at A Champs. It will be contested at AA champs. Keep 200 Free and 200 Medley relays at A Champs.

Motion to designate 400 FR and 400 Med as senior events and 200 FR /Med as 15+ relays at A Champs. Senior relays are not contested at A Champs. Eric W motioned. Tom C seconded. Motion carries.

## o Status of Prelims at North, Central and South sites

Discussion about 11-12 at ABLY at South Site: Ed Bachman reported on A Champs at South site. Option to start prelims earlier. Relays changes/removals may save 10-12 minutes. Ed proposes either eliminating relays all together or move relays to finals only. There's a concern to end the South Site timely in order to get the afternoon session over at an early time so all can get to Final at night. The discussion is to make sure the AM session stays to around 4 hours so the PM session suns on time so all participants, parents and coaches can get to finals. Ed also mentioned to possibly run two pools which can happen if girls swim in one pool and boys in another. Mike said, "what about having 11-12s in 2<sup>nd</sup> pool?" Tom asked if league looked at time in between sessions and if considering starting warm ups for PM session in indoor pool when AM session is ending. But, parking may be an issue. Lisa H asked about running two pools – 9-10s in one pool and 8 & unders in another pool. Swimmers and parents would remain in bubble though.

Mike suggested to table for tonight and season and asked for sub-committee to look into further for 2018-2019 season. Ed B agreed to have sub-committee to figure out numbers. Can all teams in South get together and look at #s to figure out if there's a way to address this year if needed?

John B asked isn't requested numbers to re-align and Jon S said not really. If we realign then it becomes more like a dual/tri-meet.

## Status of Finals planning and location Toby Boedeker

Toby: This was tabled at the 2016 meeting and is now being analyzed.

From survey sent, 22 replies.

- Q: Do you currently participate in A Finals at PCY? A: 73 Yes. 23% No. If no, why? Travel distance.
- Q: Would you participate if closer? 77.3% Yes. 18.2% maybe. 4.5% No.
- Q: Would you alternate between sites? Same reason due to distance.
- Miriam asked Toby to send her all info so I can recap in minutes.

Toby showed overview of Trotwood facility. Trotwood does own concessions. 8 competitive lanes and 4 warm up/warm down lanes in diving well. Depth is around 4' on one end of diving well.

Preble County motioned to alternate sites each year. Logan from Kleptz seconded to discuss.

Lisa H concerned about number of warm up/warm down lanes; it will be crowded. Mickey and Eric said we can assign warm up times and can be based on distance travelled.

Jason from CY asked what is the swimmer count for A Finals? Approx. 300 at Finals. Moving to Trotwood would have less qualifiers at night because of 8 lanes, i.e. 16 qualifiers, vs. more at current site, PCY. When held at CY, there were no warm up/warm down lanes during the meet. Moving to PCY also allowed for more swimmers. If moved to Trotwood, there will be less qualifiers. Parking is available at Trotwood for 600 cars. There's a separate parking area for officials and coaches.

League runs meet. Venue will set up – venue is required to have 16-19 people from Trotwood. This includes concessions. League would still need to provide hospitality. League/Teams will also still provide timers, officials, etc. Tom C – How able is Trotwood to run a swim meet all day, i.e. air quality. Trotwood hosts high school sections all day and venue runs it well. John B's concern is the number of officials that will be open going to the North site? Per Toby, this is a league issue and not a venue issue. Toby showed numbers again.

Mike asked, "We're going to have participation problems. Is there an opportunity to hold it in a more central location to host Finals session? Bill W mentioned Mason isn't central. Per Mary at DCY, for 40 years, the North has been coming South and is looking for a change. Mike worries about an atmosphere that's conducive to producing fast swimming and did admit that this may not be a concern after all.

Would participation increase in the North if the location changes? Chad McClain: Culture between North and South – When decision was made to hold A Finals session in the South, that was when the culture changed. Mike agreed this is what he doesn't want to happen because he doesn't want people to think and/or accept ending their season after prelims. Mickey: Present the opportunity if the Finals site alternates. Distance is always going to be a factor. But, if we're about youth development, we need to support the opportunity. Eric Turner asked if the North teams replied to the survey that "yes, they'll participate if it's in their backyard." Kleptz said we're here for the swimmer. Even the smaller teams should have this chance. Ed B at ABLY: Can we run prelims in North and then hold their Finals as Top 8 in North? Then the South could run Top 8 only? Jon S also said on Friday, we can run two sites and not all three and let teams in the Central pick which location they want to swim at Friday night. Can we offer this to the Central team to pick whether they want to go North or South for Finals? What are the numbers? Lisa H asked if anyone looked at reports before scratches from all sites to determine where athletes are qualifying from? Eric Turner said he can pull reports if needed after the meeting.

Lisa H: motioned to table and research further. Tom C seconded. Jason from CY asked for sub-committee. Lisa requesting more information. Eric T can pull scratches to see where participants are coming from.

Who's on committee? Toby, Mickey (chair of sub-committee), Jason, Tom, John B.

Bill W asked if we can have research by 12/31 to make a decision for 2018-2019 season. We can hold a spring meeting, if needed, to discuss.

- AA Champs at Miami University
  - o Review 2017 meet
  - o 9-10s at AA Finals: tabled from 2016 meeting

#### 10 & Under longer events tabled from 2016 discussion

Jon S: Recommendation from Executive Committee is to add longer 9-10 events consistent with Zone events. Also consider not to bring back 9-10s to Finals at night. Adding 100 strokes and 200 IM but then changing their events from Prelims/Finals to all events for 9-10s (and 8&unders) being Timed Finals. Timeline is affected with this change.

Motion to discuss by Bill W: Add 8 & Under 50s to A Champs and AA Champs. 9-10 add longer events. Tom C seconded. If it's added to prelim/finals meets, then sessions are longer. Also consider the quality of swims since we're adding longer events. Having timed finals will allow these younger athletes to get rest, come back and compete the following day rather than swimming a prelims/finals session. *All in favor? Yes. No opposed. Motion carried.* 

### LC Champs

- o Review 2017 meet
- Order of events for 800 and 1500

Jon S: 800 Free run only on Sunday is recommendation. There are too many events to too many days. Ran on 2 different days in past and swimmers have to pick and choose what they want to swim. This didn't allow them to swim "their" preferred events." Other format change was to run 1500 on Thursday but that was implemented at 2017 LC Champs. We will start time on hour earlier. Eric T asked what participation was like on the new first day (Thursday). Both Jon S and Steve Connock thought there were more 1500 swimmers than in the past. Tom C asked for clarification on Senior 200 stroke events. Mike answered that this is currently contested as 13-14 and 15+ events. Must ne 12 by first day of Nationals. Jon S agreed to better explain this. Jon also mentioned that he and Claudia will better explain the number of heats and what/who comes back to swim Finals.

Mike: Only thing we want to change is moving Girls and Boys 800 Free to Sunday to they swim on the same day.

## • Number of individual events per day vs. per meet

Mike: Confusion of 6 events over the weekend but no limits per day before. Greater flexibility on what swimmers can swim. USA sanction/technical rule last year (2016) make us change to 6 events for the meet with no more than 3 events per day. Question came up to eliminate total of 6 and move to 3 per day for all champs meet. We cannot change the three/day per USA rule. Suggested to just have 7 events. John B thinks it will probably affect LC Champs which gives us reason to move toward a 4-day event. *No motion to discuss at this time so topic is tabled.* 

- Dolphin watch fee
- Meet Manager 7 reimbursement

### V. Meets and Other Important Dates

- Coach and Team registration by December 1 on <a href="https://www.ymcaswimminganddiving.org">www.ymcaswimminganddiving.org</a>
- A Champs: March 2-4, 2018 at Trotwood, Countryside, ME Lyons
- AA Champs: March 9-11, 2018 at Miami University
- Long Course Champs: July 12-15, 2018 at Miami University
- Other

- 2018 Great Lakes Zone Championships: March 16-18 at SPIRE Institute in Geneva,
  Ohio
- o 2018 YMCA Short Course Nationals: April 3-7 in Greensboro, NC
- 2018 YMCA Masters Nationals: Ft. Lauderdale Aquatic Center, Ft. Lauderdale, FL
- 2018 YMCA Long Course Nationals: Univ. of Maryland, College Park, MD

#### IV. NEW BUSINESS

### Lindsay's Law

## **Bill Whatley**

Lindsey's Law is posted on league website with links to information. State of OH law is for all sports, all seasons, all athletes, all parents, all coaches – required to read/take. You can make this a part of your team registration. If you have questions, use 'contact us' on bottom of list.

### • Officials training and recruitment

Jon Saxton/Bill Whatley

Jon S: reiterated to recruit for officials. Training is listed on SWOYSL website.

### Hall of Fame explanation

#### **Toby Boedeker**

Toby: link is located on SWOYSL website to nominate athletes easily. Request to submit no later than one week prior to Championships.

## • Leadership camp

#### **Toby Boedeker**

Toby passed out sample agenda. Toby is holding hotel to host in May. Rooms are \$60/night. One rep per team per league to attend. Topics include leadership, safe sport, etc. League will pay to help cover cost. Mike: Is there any interest? Eric W motioned to hold camp in May and least pay for 50% of costs. John J seconded. *All in favor? Yes. No Opposed. Motion carries*.

#### • Time standards for 2017-2018

**Eric Wentzel** 

Se above notes for time standards.

#### • Election of Officers and Nominations

## Mike Leonard/Toby Boedeker

4 positions that are officially voted in: President, Vice President, Treasurer, Secretary. All positions are annual elections. Nominations received for VP are Mickey McNeil at SPY, Tom Cuticchia at LAKY, and Steve Connock at PCY. Since the nominations were emailed out as an open position, Toby passed out official election forms to all present attendees. Each candidate said hello and a little about themselves. Are there any nominations from the floor? No. Mary from DCY moved Toby's motion to close nominations. *Motion carried*.

# • Assignment of duties for Championships

Mike Leonard/Jon Saxton

	Hospitality	Heat Sheets	Scoring	Awards: MANS
				TABLE
A Champs North	AMFY	SPY	SPY	KLEPTZ
A Champs Central	CY	CY	CY	CY
A Champs South	ABLY	BASH	ABLY	ABLY

A Finals @ PCY	PCY	PCY	PCY	PCY
AA Champs	PCY	BASH	CLAUDIA	ABLY

We'll have spring 2019 meeting this year. Date and location TBD. (Miriam to confirm.)

Other business: Ed would like to see mixed relay at League Champs. It's new this year at the world level (FINA) and would like the league to adopt it. Suggest Senior Mixed Relay. One entry per team. Hasn't done the research for it; Ed is just proposing. Qualifying time for this mixed relay? John B suggested to hold at A Finals to bring more excitement. Eric W and Mike like to hold it at AA Finals to start off Finals session. Put into break space after the mile at night. One heat of girls, one heat of boys.

Motion to move is by Eric T for 200 Senior Mixed Medley Relay as exhibition (2 G + 2 B). Each team enters 1 relay only. Ed amends to full scoring, etc. Mickey is proposing that even if a swimmer isn't competing in Finals as an individual, he/she can compete with this option as a relay only swimmer at night. Relay Charge applies. Seconded by John J. Limit at Champs is One Age Group Relay per Day. Senior Relay swims are not limited to how many per day. *All in favor – yes. No opposed. Motion carried.* 

Zone Committee member to replace Claudia as league rep is requested. Jason nominates Mickey from SPY. Nomination accepted.

Vice President of SWOYSL election goes to Tom Cuticchia from LAKY.

VII. Adjourn Mike Leonard